

Richland Fit Coalition Meeting Minutes

Monday, March 24, 2014

Richland County Health and Human Services - Conference Room A/B

5:30 – 6:30pm

1. Introductions

Julie Whitney, Sabrina Lewallen, Tanya Webster, Cindy Chicker, Jodi Mieden, Linda Gentes, Henk Newenhouse, Randy Jacquet, Mallory Bender, Megan Dischler, Jennifer LaTour, Bob Johnson, Amber Burch,

2. Agenda Items from Last Meeting

- a. Ocoochapalooza June 7th, 2014 – Amber Burch from Neighborhood Housing Services of SW Wisconsin (NHS) shared information about the downtown block party that is being planned. The event will include organizations booths, live music, games/activities and open houses at the local businesses. They asked Richland FIT to have booth and host an activity such as taking groups to hike up Minor Hill trails. Teal Tizzy Photography will be at the overlook to take pictures at the top of the bluff. We would need to have volunteers throughout the day to lead the groups and could, the group decided to take part and has added it to the work plan.
- b. “Worship in the Park” Mediterranean menu for community meal –The Richland County Ministerial Association approached Dana & Sara to see how Richland FIT could partner with them to prepare a healthier meal for their Worship in the Park event on August 31. The RCMA will provide all the food, will serve the meal the day of the event, they would like guidance in what “Mediterrear” recipes they can have for the meal and help preparing those foods beforehand. The week before we will need FIT volunteers to prepare the food utilizing the HS kitchen or Community Center Kitchen. The group decided to take part and has added it to the work plan.

3. Work plan Review

- a. Community Garden Update-Sara shared that the Garden Expo was a success, she talked with many people about starting community gardens and people were excited. Many already had gardens but were interested in helping get them started and/or to provide education to new gardeners. Terry Sime took the idea of Richland FIT partnering to create Community Garden to the Park Board and they approved working with us, but would like more information. The next Park Board meeting is **April 14 at 6:00 pm at the Community Center**, all FIT coalition members are welcome to come and show support for the project.

- b. FITness Champion Interviews
 - i. April- Clair Hagg; Jennifer La Tour will interview
 - ii. May-Doris Eck; Tanya Webster will interview
 - iii. **June-Dean Jewell; Still need Interviewer if interested please contact Dana or Sara.**
 - iv. July; Suzanne Unbehaun; Cindy Chicker will interview

- c. 4H Challenge Course –Jennifer La Tour shared that she wants the 4H Junior Leaders to plan the event as a project to help develop youth leaders. Jennifer is looking for an adult ‘advisor’ to help the group, but to stand back and allow the youth leaders to take on the event and get ‘real world experience’ of what goes into planning an event. Right now the event will be on August 9th at the Fairground (Jennifer has already reserved the grounds, but the youth don’t know so they will need to call to reserve it) Julie Whitney volunteered to be the adult advisor-Thank you Julie! The next youth leader meeting is scheduled for 5:00 pm on Sunday May 18 at the Extension Office.

- d. 4th of July Phys Activity Events-Jodi Mieden discussed the following events which will take place on July 5. She is most in need of “day of” volunteers for the Pi-Tri and Color Run. Jodi is hosting a meeting on **March 31 from 5:30 to 6:30 at the Community Center** for those wanting to volunteer and get more information about the weekend events/
 - i. Pi-Tri
 - ii. 5K Color run
 - iii. Thunderfest-Live Music in Krouskop Park Noon to Midnight
 - iv. Churning Dirt at the fairgrounds

- e. April Newsletter: Richland Hospital-Cindy Chicker

4. New Items

- a. **Healthy Plate Bonus Bucks Campaign**-The SNAP access at the Farmers Market group is looking to start an incentive program for this year’s Farmers Market. The incentive program would provide \$5 of bonus bucks to each person who uses their SNAP benefits to purchase Farmers Market Tokens. Thus if a person made a transaction for \$10 in Farmers Market Tokens, they would receive \$15 dollars to use at the market. We will need to raise the funds to provide the match for this program, so we asked if coalition members knew of local groups that would be interested in donating to the cause. Mallory mentioned the Thrift Shop and Cindy thought the Civic Organizations would be a good place to start (Lions, Knights of Columbus, Rotary, Kiwanis). Dana is drafting a letter, and then she will e-mail it out to coalition members to take to local charities to help raise the funds. We are looking to get the funds raised by June and the incentive program would start in July.

b. Food for Life Volunteer Sign-Up- All volunteer slots are full!

5. Next meeting date:

April 28

Richland County Health and Human Services Building

5:30 – 6:30 pm